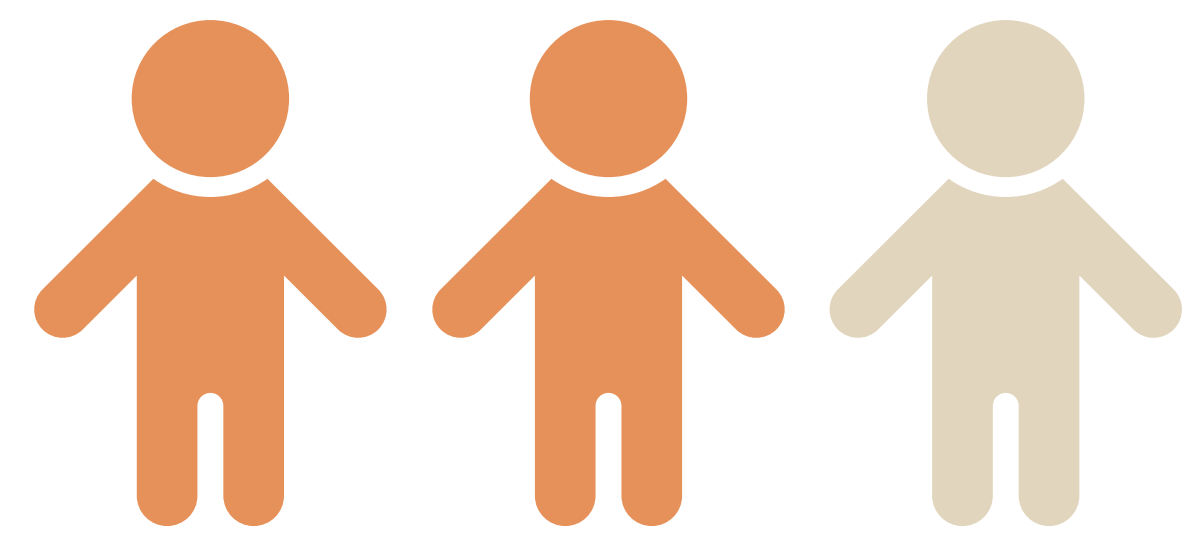


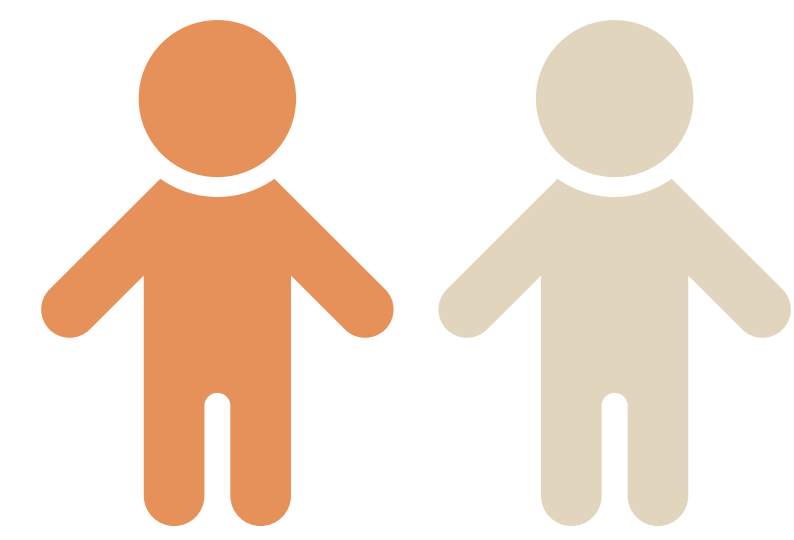
# Development of Traditional Food Recipes for Early Care and Education

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## OKLAHOMA SPOTLIGHT



1 in 3 preschoolers did not eat a daily fruit



1 in 2 preschoolers did not eat a daily vegetable



Ranks 49th nationally in vegetable consumption



Ranks 40th nationally in fruit consumption



Ranks 49th nationally in soda consumption

Hamner HC, Dooyema CA, Blanck HM, et al. Fruit, Vegetable, and Sugar-Sweetened Beverage Intake Among Young Children, by State - United States, 2021. MMWR Morb Mortal Wkly Rep. Feb 17 2023;72(7):165-170.

## The Context

- The USDA's Child and Adult Care Food Program (CACFP) reimburses Early Care and Education Programs serving children in low-income homes for qualifying meals
- Programs participating in the CACFP have healthier food and meal practices
- Few recipes are available for traditional Indigenous meals that meet CACFP requirements

## The Solution



Develop and adapt traditional recipes to comply with CACFP meal patterns for breakfast, lunch, and snack

## The Process

Develop Community Advisory Board ➤ Create recipes ➤ Test recipes ➤ Share

## Critical Considerations



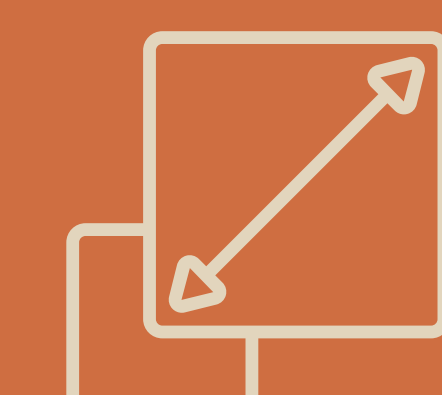
Economically sourced



Easily sourced



Accessible for kids



Scalable