

BANANA CHOCOLATE CHIP COOKIES

Ingredients:

- 2 Tbsp canola oil
- 1 large egg
- 1/4 cup brown sugar
- 2 medium ripe bananas, mashed
- 1 tsp vanilla extract
- 1 cup all-purpose flour
- 1 cup quick oats
- 1 tsp baking powder
- 1/4 tsp salt
- 1/4 tsp baking soda
- 1/2 cup semisweet chocolate chips
- Non-stick cooking spray

Preparation:

1. Preheat oven to 350° F.
2. In a large bowl, add oil, egg, brown sugar, bananas & vanilla. Whisk together. In a separate bowl, add flour, oats, baking powder, salt & baking soda. Mix well. Gradually add dry ingredients to wet ingredients & mix well. Stir in chocolate chips.
3. Lightly coat two baking sheets with cooking spray. Use a tablespoon to drop dough on baking sheets.
4. Bake 12-15 minutes or until golden brown.

30 Min | Serves 12

Nutrition Facts	
12 servings per recipe	
Serving size	(56g)
Amount per serving	160
Calories	
% Daily Value*	
Total Fat 6g	8%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 85mg	4%
Total Carbohydrate 26g	9%
Dietary Fiber 2g	7%
Total Sugars 11g	
Includes 8g Added Sugars	16%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 64mg	4%
Iron 1mg	6%
Potassium 145mg	4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Are calories & sodium close to a match?

1 for 1 certified

This recipe is 1 for 1 certified & meets a lower sodium standard.


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